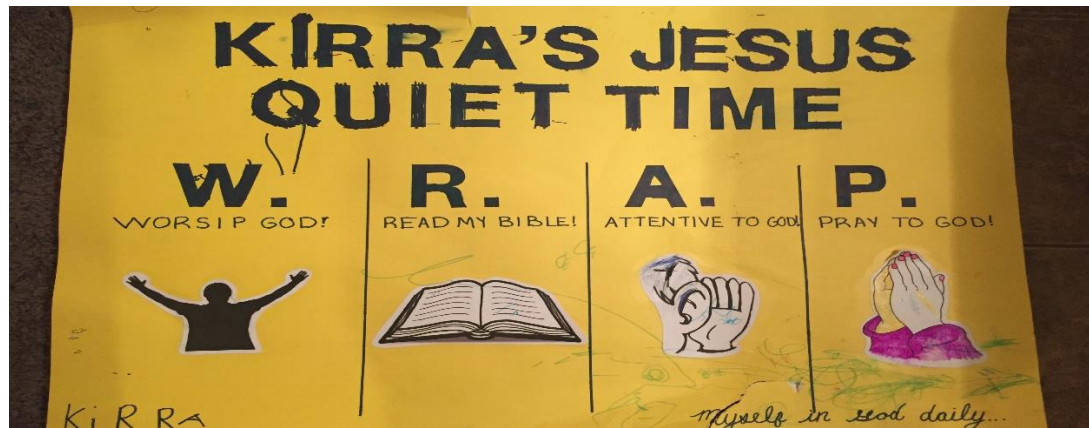


Practical Guide for making a Jesus quiet time poster and specific advice and instruction for your child's Jesus quiet time.



Jesus quiet time poster:

You will need a poster, markers, letter stencils, glue, and picture templates as seen above. These pictures can be found with a simple google search, or you can draw your own. (See poster above for some ideas how to make a poster with your child)

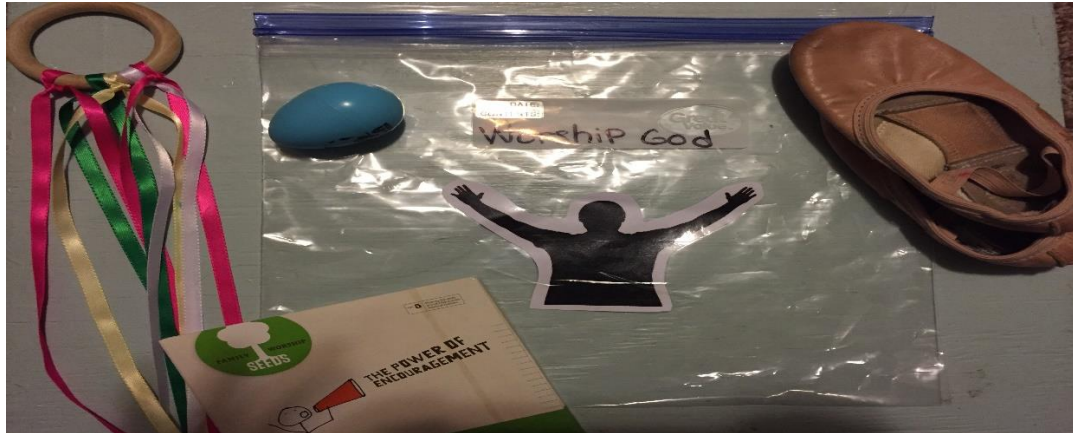
### **Some practical advice on how to implement W.R.A.P. yourself in God into your child's daily routine:**

- 1. Location:** Choose a specific location your child will spend time with God daily and keep it there.
- 2. Time:** Chose a specific time of day your child will spend time with God daily and stick to it.
- 3. Length of time:** Choose the amount of time your child will spend time with God daily. Start small and grow as your child's interest, hunger, and spiritual discipline grows. ([sand timers](#) are a great way to progress through each segment of W.R.A.P. They are also great for setting time length goals for each segment. For example: your child may start out with a goal of listening to God for 3 min, he or she may choose 10 min to worship God and use the 30 sec timer for each person he/she prays for. The options are endless, so be creative and do what works for your child.)
- 4. Tools:** Keep all of your child's Jesus quiet time tools in the chosen location for easy daily access.
- 5. What if my child can't read?** Consider providing your child with a portable CD player. This is a helpful tool so that your child can listen to the audio Bible or worship music.

### **Gathering supplies:**

Aim to start small. You can always build more items in later as you see what works best for your child. There are lots of suggestions for you to choose from; you do not need to include them all. Think about your child: his or her personality, age and stage of life, developmental stage, etc.

## W. Worship God:



**Step 1: Label a gallon sized zip-lock bag:** this should correspond with the specific action of the Jesus quiet time poster. (I found this picture online) I used clear packing tape to tape the picture on the bag.

### Step 2. Gather suggested items:

[Worship Scarves](#) (excellent quality)

[Worship Scarves](#) (bulk)

[Wooden Rings](#), [Ribbon](#) (DIY Worship Rings)

[Dance Ribbons](#) (bulk)

[Egg shakers](#) (bulk)

[Egg shakers](#) (better quality)

[Remo kids drum](#)

[Remo Tambourine](#)

[Ballet shoes](#) (*does your daughter love to dance? Sometimes something as simple as putting on ballet shoes will encourage your child to dance for Jesus*)

[Worship Cd's](#)

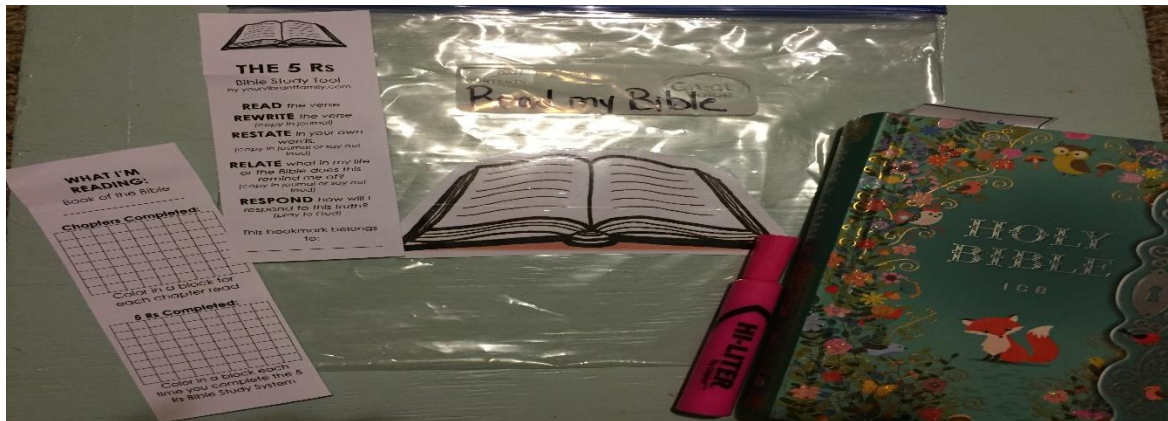
### Step 3: Ideas to encourage your children:

For younger children, you should place all worship tools in a Ziploc bag labeled "Worship God" with the corresponding worship picture. This will help your child remember what she can do, while engaging her on her level.

For older children, you can simply place any worship tool items in their Jesus quiet time basket. Older kids can also keep a "thankful journal" and write or draw a few things they're thankful to God for. This thankful part can be done orally as well, but sometimes it's fun to keep track!

**For maximum impact:** Involve your child in this process! Spend some special alone time getting their Jesus quiet time basket put together. This is a great way to involve your child and it's a great way to spend time with your child.

**R. Read my Bible:** A gallon sized bag labeled “Read my Bible.”



**Step 1: Label a gallon sized zip-lock bag:** this should correspond with the specific action of the Jesus quiet time poster. (I found this picture online) I used clear packing tape to tape the picture on the bag.

**Step 2. Gather suggested items:**

[5 Step Kids Bible Study Method](#)

[An age appropriate Bible](#)

[Kids Audio Bible](#) (*Dramatized word for word, CEV Audio New Testament*)

A highlighter, to highlight scripture

A flashlight (*for small children this is an object lesson that God's Word is a lamp unto our feet, and it's incredibly fun and engaging to read a book with a flashlight, even for older children!*)

**Step 3: Ideas to encourage your child:**

For younger children, you should place their Bible and all Bible tools in a Ziploc bag labeled “Read my Bible” with the corresponding Bible picture. This will help your child remember what she can do, while engaging her on her level. Even if your child cannot read, they can look at a picture Bible, recite a familiar memory verse, or listen to the [audio Bible](#).

For older children, you can simply place their Bible and any Bible tool items in their Jesus quiet time basket. It's important to have your child choose a book of the Bible they want to study and go through it. You can make a simple checklist that they can mark off once they've completed a chapter.

For oldest children, have them choose one verse that sticks out to them as they're reading to dig in a little deeper. (see [5 Step Kids Bible Study Method](#) )

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## A. Attentive to God:



**Step 1: Label a gallon sized zip-lock bag:** this should correspond with the specific action of the Jesus quiet time poster. (I found this picture online) I used clear packing tape to tape the picture on the bag.

### Step 2. Gather suggested items:

[A Journal](#)

[A fun Pencil](#)

[Listening Ears](#)

[Sand Timer](#)

### Step 3: Ideas to encourage your child:

For younger children, you should place their all tools in a Ziploc bag labeled "Listening to God" with the corresponding listening ear picture. This will help your child remember what she can do, while engaging her on her level. Even if your child has a short attention span, they can practice listening for God. This is a great time to listen to worship music, color in their journal and enjoy the presence of the Lord, while intentionally listening for His voice.

For older children, you can simply place all tool items in their Jesus quiet time basket. It's important to have your child set aside some time each day they spend with the Lord to intentionally listen for His voice. This is a great time for your children to journal. They can draw a picture, write a couple words, or journal a few sentences depending on their developmental readiness.

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**P. Pray to God:** Microphone, photos of specific family members/friends in album, anointing oil



**Step 1: Label a gallon sized zip-lock bag:** this should correspond with the specific action of the Jesus quiet time poster. (I found this picture online) I used clear packing tape to tape the picture on the bag.

**Step 2. Gather suggested items:**

[Anointing oil](#)

A toy microphone (this is a great tool to help young ones remember to talk to God)

[A prayer journal](#)

A photo album (*this is a great way to engage your child in praying for specific family members, friends, teachers, a compassion child, etc. Your child will love to flip through the photo album and pray for each person*)

[Sand Timer](#)

**Step 3: Ideas to encourage your child:**

For younger children, you should place all their prayer tools in a Ziploc bag labeled “Pray to God” with the corresponding praying hands picture. This will help your child remember what she can do, while engaging her on her level. Even if your child has a short attention span, they can practice praying to God. Be sure to try the photo album tool; you won’t be disappointed how engaged your child becomes in praying. This is the primary way my one-year-old prays. She asks who a person is, I say their name and she says a short prayer, we flip the page and repeat.

For older children, you can simply place all prayer tools in their Jesus quiet time basket. It’s important to have your child choose specific people they feel called to pray for to put in their prayer album and to practice being consistent and faithful in prayer. My oldest daughter likes to anoint each picture with oil as she prays for the person. Let your children be creative. Once they have tools and time to explore you will be amazed at what they come up with! Kids are more than capable!

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